

# MIDWEST EXTREME WRESTLING CAMP

*Team Midwest Extreme Tour "Train like a Norseman"*

August 10<sup>TH</sup> and 11<sup>th</sup> 2019



## St. Amant

Coach Billy Huebner Luther College NCAA DIII - Decorah, Iowa- Luther College Assistant Coach.

*Has directed over 400 clinics all over the Midwest and country.*

*Has Coached 9 NCAA trophy teams and Coached 73 All Americans.*

**Place:** St. Amant HS    **Location:** 12035 Louisiana 431 St. Amant, LA 70774

**Cost:** Early Registration Before Aug 7<sup>TH</sup> \$80.00 After Aug 7<sup>TH</sup> \$95.00 Grades 3<sup>rd</sup> -12<sup>th</sup> (Includes WORK OUT T-SHIRT and Water Bottle) **REGISTRATION FORMS ARE DUE BY: AUG 10<sup>TH</sup> 2019 Before Clinic Starts.**  
Early Registration should be mailed to Brian B. Hess/43184 Bayou Narcisse Rd./Gonzales LA, 70737

**DATES AND THREE CAMP SESSIONS**    **Grades 3<sup>rd</sup> –12<sup>th</sup>**

Saturday, August 10<sup>th</sup> 10:00 am- 12:00 pm (Break 12pm - 1pm)

Saturday, August 10<sup>th</sup> 1:00 pm - 3:00 pm

Sunday, August 11<sup>th</sup> 1:00 pm - 3:00 pm

**Contact:** Brian Hess Cell: 410-430-4255    **Email:** [Brian.Hess@apsb.org](mailto:Brian.Hess@apsb.org)  
**Contact:** Billy Huebner Cell: 563-379-8575    **Email:** [Coachbilly@luther.edu](mailto:Coachbilly@luther.edu)

Completed Registration forms should be mailed to Coach Hess with early registration payment and checks made out to St. Amant Wrestling Club or brought to the first session along with payment of cash or check. All checks Should be made out to St. Amant Wrestling Club. **REGISTRATION FORMS ARE DUE BY AUGUST 10<sup>TH</sup>.**

### **CAMP PHILOSOPHY & GOALS:**

This camp implements the Midwest style of wrestling. This camp has helped wrestlers improve their technique by providing exposure to a variety of wrestling moves and attitudes. We are seeking out the wrestlers that want to strive to become better and be the elite wrestler. Our goal is to take wrestlers to the next level and to expand their knowledge in the sport. We want our campers to better their skills and training habits. These clinics are to help you learn technique and strategies so when you step on that mat during season, you will have the confidence you need to out-smart your opponent.

These clinics have something very special happening. We have developed a unique style of wrestling into our teachings. These clinics are serious, but we will have fun. By going through these clinics, we will both be part of something special. Take advantage of this opportunity!

Name: \_\_\_\_\_ Wrestler's Cell: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Parents' Cell: \_\_\_\_\_

Grade in the Fall of 2019: \_\_\_\_\_ Weight-Class \_\_\_\_\_ School \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

**Wrestling Accomplishments:** \_\_\_\_\_

As the parent/legal guardian of the above named athlete, I understand and agree that the City of Gonzales, St Amant Schools, Norse Extreme Wrestling Club and its clinicians, and anyone else connected with the facilities used assume no responsibility for accidents, injuries, medical, or dental expenses incurred by my son/daughter while participating in this program.

Signature (parent or legal guardian): \_\_\_\_\_ Date: \_\_\_\_\_

Print Parent Name: \_\_\_\_\_ Parent Email: \_\_\_\_\_

Parent Home Telephone #: \_\_\_\_\_