

MIDWEST EXTREME WRESTLING CAMP

Team Midwest Extreme Tour "Train like a Norseman"

 SEPT 7TH and 8th 2019 

St. Amant

Coach Billy Huebner Luther College NCAA DIII

Decorah, Iowa- Luther College Assistant Coach.

Has directed over 400 clinics all over the Midwest and country.

Has Coached 9 NCAA trophy teams and Coached 73 All Americans.

Place: St. Amant HS **Location:** 12035 Louisiana 431 St. Amant, LA 70774

Cost: Early Registration Before Sept 4TH \$80.00. After Sept 4TH \$95.00. Grades 3rd -12th (Includes work-out T-shirt and Water Bottle)

REGISTRATION FORMS ARE DUE BY: SEPT 7TH, 2019 before clinic starts.

Early registration forms should be mailed to Coach Brian B. Hess, 43184 Bayou Narcisse Road., Gonzales LA, 70737

DATES AND THREE CAMP SESSIONS **Grades 3rd -12th**

Saturday, September 7th 11:00 am- 1:00 p.m. (Break 1 p.m. to 2 p.m.)

Saturday, September 7th 2:00 pm - 4:00 p.m.

Sunday September 8th 1:00 pm - 3:00 p.m.

Contact: Brian Hess Cell: 410-430-4255 **Email:** Brian.Hess@apsb.org
Contact: Billy Huebner Cell: 563-379-8575 **Email:** Coachbilly@luther.edu

Completed Registration forms should be mailed to Coach Hess with early registration payment and checks made out to St. Amant Wrestling Club or brought to the first session along with payment of Cash or Check. All checks should be made out to St. Amant Wrestling Club.

CAMP PHILOSOPHY & GOALS:

This camp implements the Midwest style of wrestling. This camp has helped wrestlers improve their technique by providing exposure to a variety of wrestling moves and attitudes. We are seeking out the wrestlers that want to strive to become better and be the elite wrestler. Our goal is to take wrestlers to the next level and to expand their knowledge in the sport. We want our campers to better their skills and training habits. These clinics are to help you learn technique and strategies so when you step on that mat during season, you will have the confidence you need to out-smart your opponent.

These clinics have something very special happening. We have developed a unique style of wrestling into our teachings. These clinics are serious, but we will have fun. By going through these clinics, we will both be part of something special. Take advantage of this opportunity!

Name: _____ Wrestler's Cell: _____

Address: _____

City/State/Zip: _____

Email: _____ Parents Phone: _____

Grade In Fall of 2019: _____ WeightClass _____ School _____ Height _____ Weight _____

Wrestling Accomplishments: _____

As the parent/legal guardian of the above named athlete, I understand and agree that the City of Gonzales, St Amant Schools, Norse Extreme Wrestling Club and its clinicians, and anyone else connected with the facilities used assume no responsibility for accidents, injuries, medical, or dental expenses incurred by my son/daughter while participating in this program.

Signed (parent or legal guardian): _____ Date: _____

Print Parent's Names _____ Email _____ Parent's Cell _____